

Happy hour

We all know one thing through modern day medical research.

Laughter is the best medicine: Adopt it!

Prophet Muhammad (Peace be upon him) loved to smile and would make people happy with his humor.

Once he told an old woman that, old women won't go to heaven. Upon hearing so, the woman became sad. Immediately the Prophet said that all old women become young in the heaven.

On another occasion, the Prophet told a woman that her nose is in between her eyes. The woman got worried and checked her nose. They had a little laugh!

The Prophet said that a smile to your brother is a charity. This is an easiest way to earn the blessings of Allah. The Prophet always used to wear smile.

It is interesting to note that it takes 17 muscles to smile but 42 muscles are needed to frown. Choice is yours!

Some Medical Terms & Funny Explanations

Antibody – against every body
Artery – the study of fine paintings
Bacteria – back door to cafeteria

Bowel – letters like a, e, i, o, & u
Cat scan – searching for a lost pet
Caesarean section – The Caesarean section in the district of Rome
Coma – punctuation mark
Cyst – short form for sister
Diagnosis – person with a slanted nose
Dislocation – placement changed
Enema – not a friend
Gallbladder – bladder of a girl
Genes – blue denim
Groin – to mash to pulp
Hernia – she is close by
Impotent – distinguished, well-known
Labour pain – hurt at work; on compensation
Lactose – person without toes
Liposuction – a French kiss
Lymph – walk unsteadily
Menopause – slang for 'I no wait'
Microbes – small dressing gowns
Pacemaker – winner of Nobel peace price
Pleural fluid – a cocktail of liquids
Protein – fond of teen person
Pulse – edible seeds like peas, lentils & beans
Pus – small cute cat
Semen – sailor
Serum – a sailor's drink, from Treasure Island
Subcutaneous – not cute enough
Tablet – small table
Testes – senses experienced by tongue
Ultrasound – radical sound, as in a fish market
Urine – opposite of 'You're out'
Varicose – warmly clad
Varicose – very close
Vas deferens – extremely different

Vein – at what time? 'When'
Vitreous humor – both witty and funny

Some funny Questions & Answers:

- Q.** Name the four seasons
A. Salt, pepper, mustard and vinegar
- Q.** How is dew formed?
A. The sun shines down on the leaves and makes them perspire
- Q.** What causes the tides in the oceans
A. The tides are a fight between the earth and the moon. All water tends to flow towards the moon, because there is no water on the moon, and nature abhors a vacuum. I forget where the sun joins the fight
- Q.** What guarantees may a mortgage company insist on
A. If you are buying a house they will insist that you are well endowed
- Q.** What happens to a boy when he reaches puberty
A. He says goodbye to his boyhood and looks forward to his adultery
- Q.** Name a major disease associated with cigarettes
A. Premature death
- Q.** How can you delay milk turning sour
A. Keep it in the cow
- Q.** What does abdominal cavity contain?
A. The five bowels:
A, E, I, O, U
- Q.** What is a seizure?
A. A Roman Emperor. (Julius Caesar)

Q. What is a terminal illness
A. When you are sick at the airport.

Q. Give an example of a fungus. What is a characteristic feature?
A. Mushrooms. They always grow in damp places and they look like umbrellas

Q. What does the word 'benign' mean?
A. Benign is what you will be after you be eight (brilliant)

Q. What is a turbine?
A. Something an Arab or Sheik wears on his head.

“MY DOCTOR”

Let me tell you about this doctor:

He's very good! If you tell him you want a second opinion, he goes out and comes back again.

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He treated one woman for yellow jaundice for three years before he realized she was Chinese.

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Another time, he gave a patient six months to live. At the end of the six months, the patient hadn't paid his bill, so, the doctor gave him another six months.

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While he was talking to me, his nurse came in and said, "Doctor, there is a man here who thinks he's invisible." The doctor said, "Tell him I can't see him."

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Another time, a man came running in the office and yelled, "Doctor, doctor! - my son just swallowed a roll of film!" The doctor calmly replied, "Let's just wait and see what develops."

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One patient came in and said, "Doctor, I have a serious memory problem." The doctor asked, "When did it start?" The man replied, "When did what start?"

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I remember one time I told my doctor I hear ringing in my ears. His advice: "Don't answer it."

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My doctor sure has his share of nut cases. One said to him, "Doctor, I think I'm a bell." The doctor gave him some pills and said, "Here, take these - If they don't work, give me a ring."

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Another guy told the doctor that he thought he was a deck of cards. The doctor simply said, "Go sit over there. I'll deal with you later."

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When I told my doctor I broke my leg in two places, He told me to stop going to those places.

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You know, doctors can be so frustrating. You wait a month and a half for an appointment, Then he says, "I wish you had come to me sooner."

Some du`a

لا إله إلا أنت سبحانك إني كنت من الظالمين

(La ilaha illa anta subhanaka inni kuntu minazzalimeen)

There is no god except You (Allah), glory to You: I was indeed of the wrong doers
Quran 21:87

ربنا آتنا في الدنيا حسنة وفي الآخرة حسنة
وقنا عذاب النار

Rabbana aatina fiddunya hasanatan wa filaakhirati hasanatan wa qina adhaban-naar

Our Lord! Give us good in this world and good in the Hereafter and defend us from the torment of Fire.
Quran 2:201

اللهم رب الناس أذهب الباس واشف أنت الشافي
لا شفاء إلا شفاؤك شفاء لا يغادر سقما

Alahuma Rabbannaas adh-hibilbas ishfihi antash Shafi, la shifa-a illa shifaouka, shifa-un la yughadiru saqama

Allah, Lord of people, take away the disease. Cure, for surely You are the Healer. There is no cure but Yours. Grant a cure that leaves no disease.

Ref. (H) Bukhari

Some Medical Terms & their Interpretations as in Urdu film songs:

Jiya Jale jaan jale Raat bhar dhuan chale -
FEVER

Tadap tadap k is dil se aah nikalti rahi -
HEART ATTACK

Juda hoke b tu mujme kahi baki he -
CONSTIPATION

Bidi jalayile jigar se piya jigar ma badi aag he -
ACIDITY

Tujme rab dikhta he yara me kya karu -
CATARACT

Tuje yaad na meri aayi kisi se ab kya kehna -
ALZHEIMER'S

Man dole mera tan dole -
VERTIGO

Tip tip barsa paani, paani ne aag lagayi -
URINARY INFECTION

Dil Dhadak Dhadak ke keh raha he -
HYPERTENSION

Aaj Kal Paaon Zameen per nahin padte mere -
CORN ON FEET

Haay re haay neend nahi aaye -
INSOMNIA

With sincere du`a

Amjad R.M. Syed
Co-ordinator



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Smile The Best Medicine



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